



Beeliar Primary School
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Dear Parents and Carers,

This term at Beeliar Primary School, each of our classes from Kindy to Year 6 will be completing a series of lessons designed to give them some of the tools to help keep them safe. The key themes that underpin the Protective Behaviours Curriculum are:

1. "We all have the right to feel safe all of the time"
2. "We can talk with someone about anything, no matter what it is"

The classes will be moving through a series of ten lessons based on the *Holding Hands* resource that is produced by Protective Behaviours WA and endorsed by the Education Department. It forms a vital part of the Health Curriculum and is mandated for all Western Australian schools. This will include topics surrounding the themes mentioned above. The focus areas are:

1. "We all have the right to feel safe at all times"
2. Early warning signs (the physical sensations we experience in our body when feeling unsafe or excited).
3. Safety continuum (safe/fun to feel scared/risking on purpose/unsafe)
4. "We can talk with someone about anything, no matter what it is"
5. Networks (identifying adults that we can talk with and ask for help if we feel unsafe /scared/worried).
6. Persistence (Persisting in asking for help until you feel safe again).
7. Body awareness and ownership and private and public parts of the body (including teaching and using the correct anatomical names for private parts of the body)
8. Personal space and safe and unsafe touch.
9. Assertiveness (NO GO TELL).

We have attached a copy of a parent resource to help you understand some of the key themes and potentially have a discussion surrounding the information that they are learning.

If you have any queries about the Protective Behaviours lessons or the themes that will be included please contact the school and we will be most happy to have a chat with you regarding this.

Kind Regards

Daniel Mort
Deputy Principal
Beeliar Primary School

