

Beeliar PS Canteen is leased and run by Saulance Inc. Please see front of brochure for contact details.

- *HM: Home Made
- *AF: Air Fried
- *AP: Air Popped
- *GREEN Food
- *AMBER Food



Menu approved by WASCA



Proudly supporting Brownes Dairy

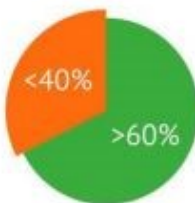
Green - fill the menu Amber - select carefully Red - off the menu



Green = always available



Snacks and drinks = restrict
Savoury commercial items = 2 days/week



TERM 4

2022

CANTEEN MENU

Canteen Opening Hours: 8:00am - 1:50pm

Tuesday, Wednesdays, Thursdays and Fridays
Weekly

Orders can be placed via QuickCliq at the below link

<https://quickcliq.com.au/>

- *All online orders must be placed before 8:30am daily*
- *Over Counter orders to be placed before 9:00am daily*

Phone Number: 6174 1420

Facebook Link: <https://www.facebook.com/SaulanceInc>



Beeliar
PRIMARY SCHOOL

CANTEEN MENU

RECESS & LUNCH

Quick Bites

HOT BITES

- Cheesy \$1.50
- Pizza Sub \$1.50
- Garlic Bread Cheesy \$1.50
- Parma Sub) \$1.50
- x2Vegemite on toast (with or without "margarine") \$1.50
- x2 Fruit Toast (With or Without "margarine") \$1.50
- Hash Browns x3 \$2.00 (Wen/Fri) Recess only
- Chicken Strips x 2 \$3.00 (Thur/Fri) Recess only
- Mini Veg Spring Rolls x3 \$2.00 (Thur/Fri) Recess only

TOASTIES

- Bacon & Egg (Tom/BBQ Sauce) \$4.50
- Ham & Cheese (Option to add tomato) \$4.50
- Tuna Melt (Tuna Cheese & Mayo) \$4.50
- Roast Chicken Cheese & Mayo \$4.50
- Plain Cheese \$3.00

GRAB & GO

- | | |
|-------------------------|--------|
| Cheese & Crackers | \$2.00 |
| Unsalted Popcorn AP | \$1.50 |
| Seasonal Fruit | .50c |
| X2 mini Pikelet | \$2.00 |
| Snack Attack Box | \$4.00 |
| Frozen Watermelon Wedge | \$1.50 |
| Banana Bread | \$2.00 |
| Min Muffin | \$1.00 |

DRINKS, YOGHURTS & ICY POLES

- | | |
|---------------------------------|----------------------|
| 370ml Water | \$1.00 |
| Brownies Flavoured Milk (300ml) | \$2.50 |
| Brownies Yoghurt Pouch | \$1.50 |
| Up & Go | \$2.20 |
| Hot Chocolate | \$1.00 |
| Frozen Fruit Smoothie Pop | \$1.00 |
| Slushie (Over counter only) | \$2.00 |
| Juice Box | \$1.50 |
| Sparkling Juice Bomb | \$2.20 |
| Frozen Ice Bombs - Full | \$1.00 or Half 50c |
| Frozen Yoghurt Pop | \$1.00 or Tub \$2.50 |
| Ice Cream (Bulla 98% fat free) | \$2.00 |

TURKISH

- Chick Avo:** Roast Chicken, Avocado, Cheese & Cranberry Sauce
- **Pumpkin:** Roast Pumpkin, Spinach, Sundried Tomato, Onion, Cheese & Garlic herb "margarine"
- Chick Pide:** Roast Chicken, Cheese, Roast Cap, Spinach & Yoghurt Sauce

*Full Turkish \$6.50

*Half Turkish \$3.50

SANDWICHES, WRAPS, ROLLS

Made Fresh Daily

- Mixed Sandwiches: \$4.50
- Mixed Rolls or Wraps: \$5.50
- Vegemite or Plain Cheese (Sandwich, Roll, Wrap option) \$3.00

Base options: Ham, Cheese, Tuna, Roast Chicken, Curried Egg, and Salad

*Spread Options: Barbeque, Tomato, Mayo, Margarine

(Available lunch time only)

COLD FRESH CHOICES

- | | | |
|--|--------------------|---|
| Fresh Fruit Bowl | \$3.50 | I |
| H/M Quiche & Salad Bowl | L\$6.50 or S\$4.50 | I |
| Fresh Salad Bowl: | L\$6.00 or S\$4.00 | I |
| Granola Or Choc Bliss Cup | \$3.50 | I |
| (Berri Coli, Vanilla or Choc Yoghurt Muesli) | | I |

SUSHI

- | | |
|---------------------------|--------|
| Sushi Roll - Full | \$6.00 |
| Sushi Roll - Half | \$3.50 |
| Choice of | |
| Chicken, Tuna, Vegetarian | |

WEEKLY LUNCH SPECIALS

“ Tuesday Specials ” Green Cafe Bistro:

Please choose from the wide range of made fresh daily or toasties options

“ Wednesday Specials ”

- Fried Rice \$4.50
- Spaghetti Bolognaise \$4.50

“ Thursday Specials ” (Pizza)

- Margareta Plain Cheese \$3.50
- Ham & Cheese (Option to add Pineapple 50c) \$4.00
- Chicken & Bacon \$4.50
- Vegetarian \$4.00

“ Friday Specials ”

- Plain Hot Dog \$3.00
- Hot Dog with Cheese Or Onion \$3.50
- (Option of sauces adv, Tomato, BBQ, Sweet Chilli, Mustard, Mayo)